

Diabetes Management through Peer Support and Community Outreach from the Patient Centered Medical Home

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Peers for Progress

American Academy of Family Physicians Foundation

National Council of La Raza

TransforMED

Alivio Medical Center, Chicago

University of North Carolina-Chapel Hill

Panel on Clinical Team Extenders

Together on Diabetes Grantee Meeting

Atlanta – February, 2015

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Communities Uniting to Meet America's Diabetes Challenge

Project Goals and Summary

Peer Support (PS) & PCMH

- 2 year demonstration project with Alivio Medical Center in Chicago
- Develop and evaluate effective strategies for integrating PS (Compañeros en Salud), community-based services and primary care PCMH resources to improve self-management, health outcomes and quality of life

National Network (NPSCLN)

- A collaborative network of peer support organizations and leaders
- Facilitate general improvement in quality, outcomes and recognition of PS programs
- Meetings, advisory committees, small grants and advocacy activities focused on topics of priority to the Network members and the field

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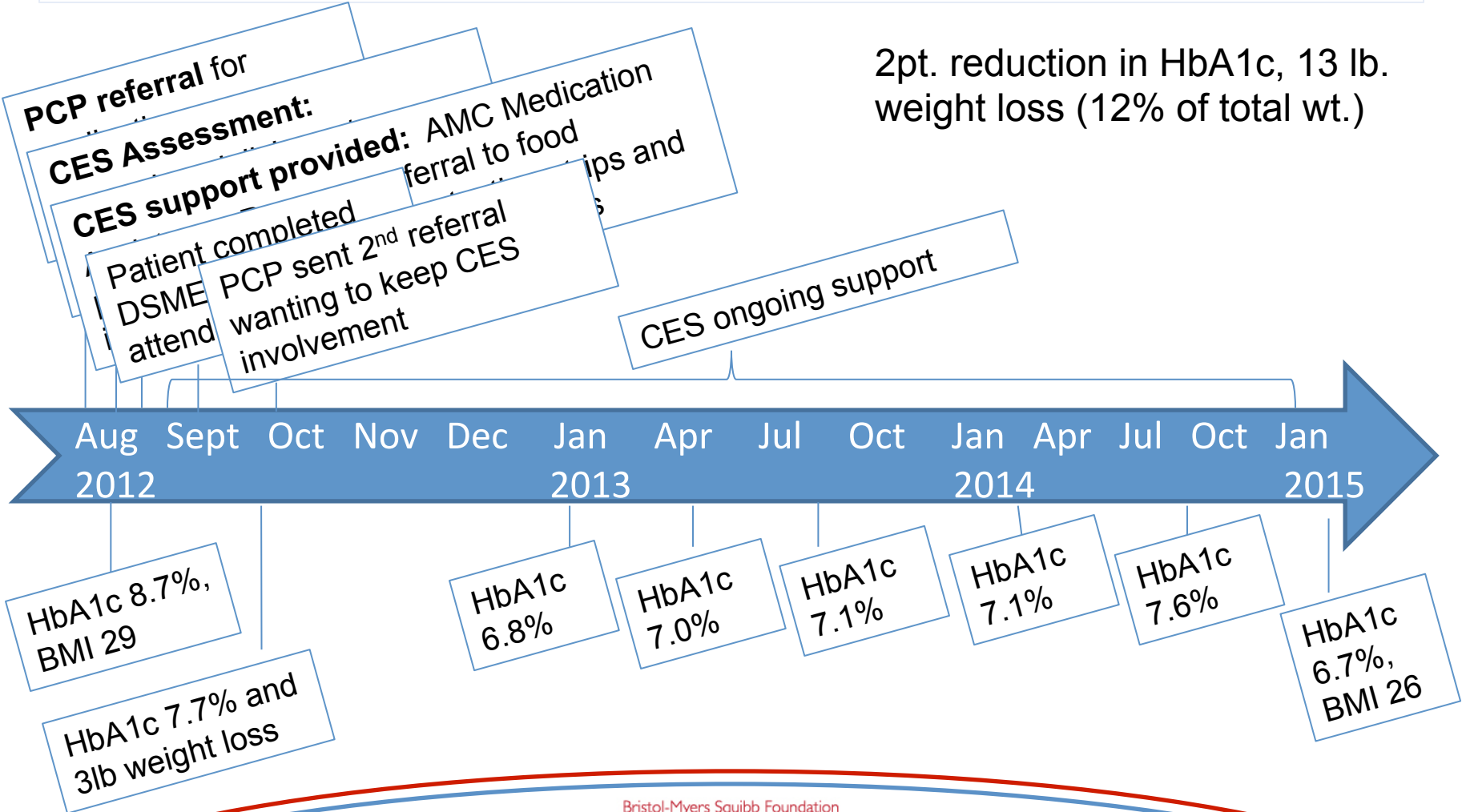
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Patient #1: Four Key Functions of PS

Female, 69yrs, diabetes 6+yrs

2pt. reduction in HbA1c, 13 lb. weight loss (12% of total wt.)



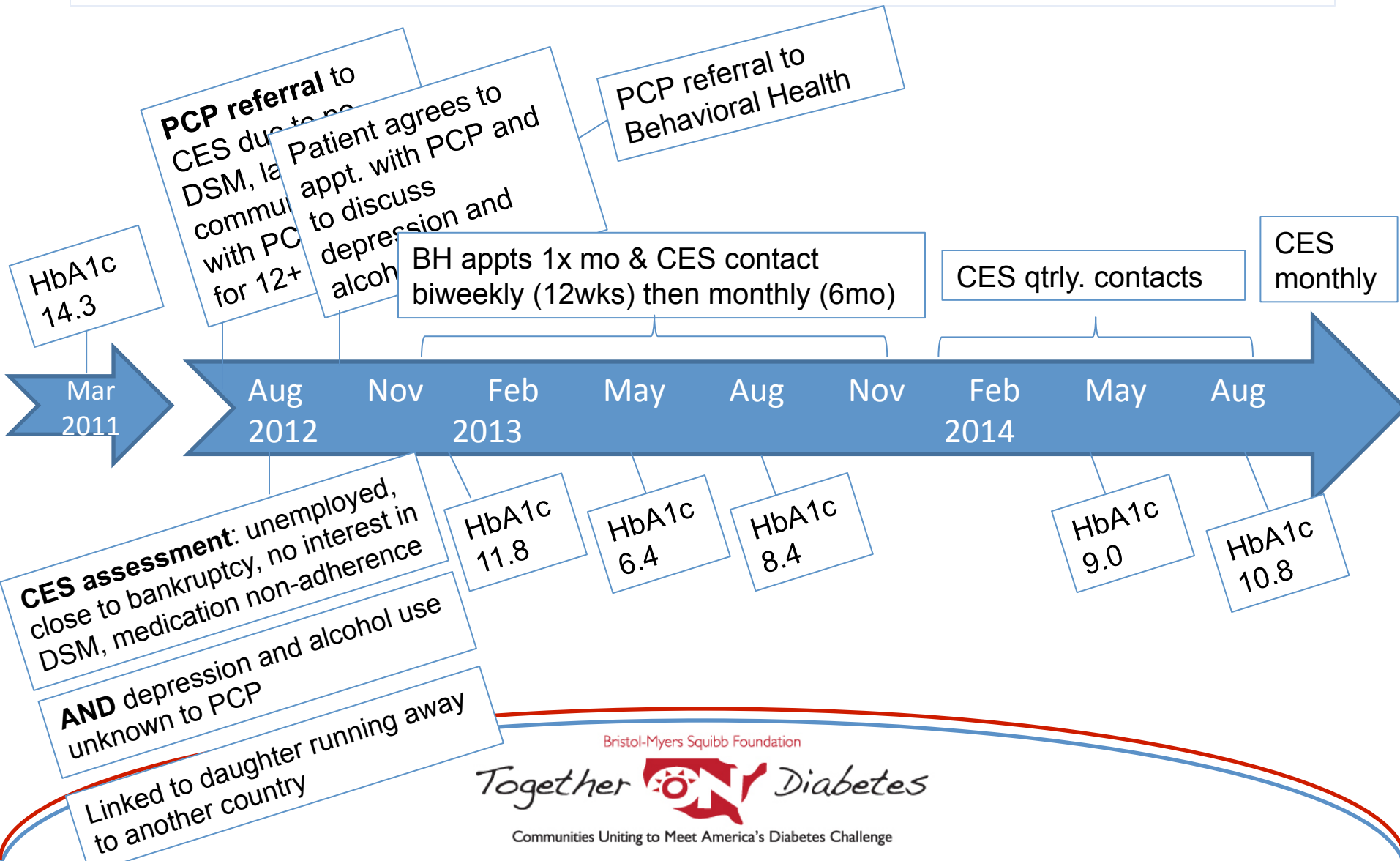
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Patient #2: Ongoing Support

Female, 52yrs, diabetes 22+yrs



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PS-PCMH Results to Date

- PCMH Level 1 recognition (NCQA), May 2014
- Engagement with CES
 - 3,442 (91%) patients reached
 - 82% of 471 High Need patients engaged
 - 75% of 3,316 Regular Care patients engaged
 - Over 24k contact notes documented in CES database
- HbA1c declined from 8.21 to 8.13% ($p < 0.05$) across the entire population between prior to program initiation and most recent clinical test
- HbA1c declined from 9.44 to 9.14% ($p < 0.01$) in the High Need group
- High Need patients with moderate HbA1c control ($\leq 8\%$) increased from 21% to 28%

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Key Results from National Network

- Engaged national experts, government agencies and organizations dedicated to promoting CHWs to collaboratively develop:
 - 1) Guidelines for quality assurance of peer support programs and individuals,
 - 2) Call to Action - makes case for peer support and CHWs and presents opportunities for how their services can be made available through the ACA
- Best practices meeting to be held in April, co-hosted by Peers for Progress/NCLR/Patient Centered Primary Care Collaborative and other national organizations to:
 - 1) Discuss integrating PS & primary care, PCMH
 - 2) Present model programs and best practices in integration

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